



# THE ENGLISH ROOM

## LIGHTER BREAKFAST

**Harvest Granola, Fresh Berries, Skim Milk or Almond Milk**

**Greek Yogurt Parfait, Harvest Granola**

**Fresh Strawberries**

**Fresh Berries**

**Cold Cereal Selection, Skim Milk or Almond Milk**

**Sliced Banana or Fresh Strawberries**

**Fresh Berries**

**Steel Cut Oatmeal**

*Golden raisins and organic dates, brown sugar, Manuka honey and walnuts*

## FULL BREAKFAST

**The Continental**

*Choice of fresh orange or grapefruit juice*

*Seasonal fruit, basket of fresh bread, pain au chocolat or butter croissant*

*Butter and marmalade*

*Hot tea or coffee*

**English Breakfast**

*Two eggs any style*

*Roast potatoes, sautéed baby spinach, sautéed mushrooms, grilled tomatoes*

*Black pudding and English muffin*

**Lake Forest Breakfast**

*Prime NY steak with 2 eggs any style*

*Hash browns, rocket salad, sliced avocado and tomatoes*

*Selection of toast*

## PANCAKES AND WAFFLES

**Waffles a l'Anglaise**

*Belgian waffles, vanilla beans, crème anglaise, raspberries, pistachio and lemon zest*

**Belgian Waffles**

*Blueberries, shaved almonds, organic Vermont pure maple syrup*

**French Toast Tatin**

*Caramelized apples, raisins, toasted pecans, caramel sauce*

**Old-Fashioned Buttermilk Pancakes**

*Three old-fashioned pancakes, fresh strawberries, warm organic honey butter*

## LOCAL FARM EGGS, OMELETS & SKILLET

*Egg Whites or Egg Beaters Available*

**Two Farm Eggs**

*Prepared any style, hash browns, choice of breakfast meat, choice of toast*

**Corned Beef Hash Skillet**

*Two farm eggs any style, green peas, roast bell pepper, shaved brussel sprouts with an English muffin*

**Green Skillet**

*Two farm eggs any style, green peas, asparagus, spinach and baby broccoli*

**Eggs Benedict**

*Two poached eggs, served on an English muffin with Canadian bacon*

*Topped with Hollandaise sauce*

**Smoked Salmon Benedict**

*Two poached eggs, served on an English muffin with smoked salmon*

*Topped with Hollandaise sauce*

**Egg White Omelet**

*Kale, sun dried tomatoes, goat cheese*

**Farm Eggs & Caviar**

*Open face omelet with asparagus, cream cheese, onions,*

*Topped with smoked salmon and caviar*

## ADDITIONS

**Meats:** bacon, ham, sausage (chicken, duck pork, turkey, lamb)

**Veggies:** potatoes, tomatoes, spinach, mushrooms, bell peppers, kale, sun dried tomatoes, asparagus

**Cheeses:** cheddar, Swiss, American, mozzarella, goat, Stilton Bleu

**Bakery Breads:** selection of house-made muffin, butter croissant, pain au chocolat

**Fresh Fruits:** whole grapefruit, seasonal berries, fruit salad, seasonal fruit plate, fresh cut melon, fresh cut papaya

## BEVERAGES

**Juice Selections,** (orange, grapefruit, V-8, apple, lemonade)

**Cappuccino or Latte**

**Freshly Brewed Coffee and Specialty English Tea**